

GENETIC TESTING

Mill Street Psychiatric is one of the first practices in the U.S. to adopt personalized medicine into psychiatry. **Mill Street Psychiatric** is now offering patients access to genetic testing as a valuable, integrated approach to assist in the design of optimal treatment plans that might traditionally require a lengthy trial and error period

Personalized medicine identifies specific genetic variations that modify the body's response to various drugs and therapies. These genetic variations help clinicians match the most effective medication to the individual patient's needs. The genetic test is a simple saliva test that can be easily and quickly administered in our office. The sample is then analyzed in a laboratory for genetic biomarkers that reveal how a patient might respond to the most widely prescribed classes of psychotropic drugs. Results of the test can show how the body metabolizes medication, including identifying the most effective medications for the patient's genetic makeup, with reduced possibility of unexpected complications. The test can be used for a range of psychiatric conditions including depression, bipolar disorder, schizophrenia, anxiety disorders, obsessive compulsive disorder (OCD) and attention deficit hyperactivity disorder (ADHD).

If you are interested in learning more about personalized medicine for mental health, please visit the contact us page on this site and either call or drop us an email at **Mill Street Psychiatric**.

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